

Hygiene concept for the IFTF 2021 – Workshops at Groove Dance Studio

The Care Team was set up to take the necessary safety measures before, during and after the International Womxns' Theatre Festival IFTF 2021 to avoid a possible risk from the current pandemic of the coronavirus SARS-CoV-2. This document is intended to inform all participants about our hygiene and safety concept during our workshops. In addition, the antagon / protagon team confirms that all safety precautions will be taken on the basis of the local regulations of the State of Hesse and the Federal Ministry of Health with regard to socio-cultural events during the SARS-CoV-2 coronavirus pandemic.

We kindly ask the following people NOT to come to the workshops:

- People who had contact within the last 14 days with a person who was found to have the corona virus.
- People with cold or flu symptoms.

Otherwise, the following hygiene rules continue to apply to ALL participants:

- Only those who have been vaccinated, recovered or tested (negative proof no more than 24 hours old) are allowed to come to the workshops. It is now mandatory to wear a mask in the stairwell, lounge areas and changing rooms. The mask can be removed again in the workshop room. Only children under 6 years of age are exempt from the mask requirement.
- Hand hygiene: Please wash your hands with soap for 20 seconds immediately before and after the workshops. Disinfectant dispensers are on site.
- A maximum of 5 people in the changing rooms. Therefore, if possible, come directly in sports clothes.
- Please do not come to your course too early to avoid dwell times.
- It is not permitted to stay in the room after the dance workshops. We therefore ask you to leave the room after the course.
- Adhere to the sneeze-cough etiquette. If you need to sneeze or cough, please put it in the crook of your arm or in a handkerchief. If you sneeze or cough into your hands, wash your hands immediately afterwards.
- Blow your nose: If you need to blow your nose, please wash your hands with soap or use disinfectants afterwards.
- Avoid handshakes, hugs and body contact (keep the distance rule).
- We can ensure continuous ventilation in the course rooms during the workshops.
- Powerful air purifiers are installed in the workshop rooms to catch and kill the virus.
- Bring a surgical or protective mask of the required standards if it is not possible to keep the 1.5 m distance during the workshop.
- Please contact Lauren Boissonet to provide your negative test, vaccination, or recovery certificate prior to entering Groove Studio. Contact: 0033562906888 WhatsApp / Signal / Telegram.

If we observe all points with a clear conscience, we can continue to enjoy the workshops together.